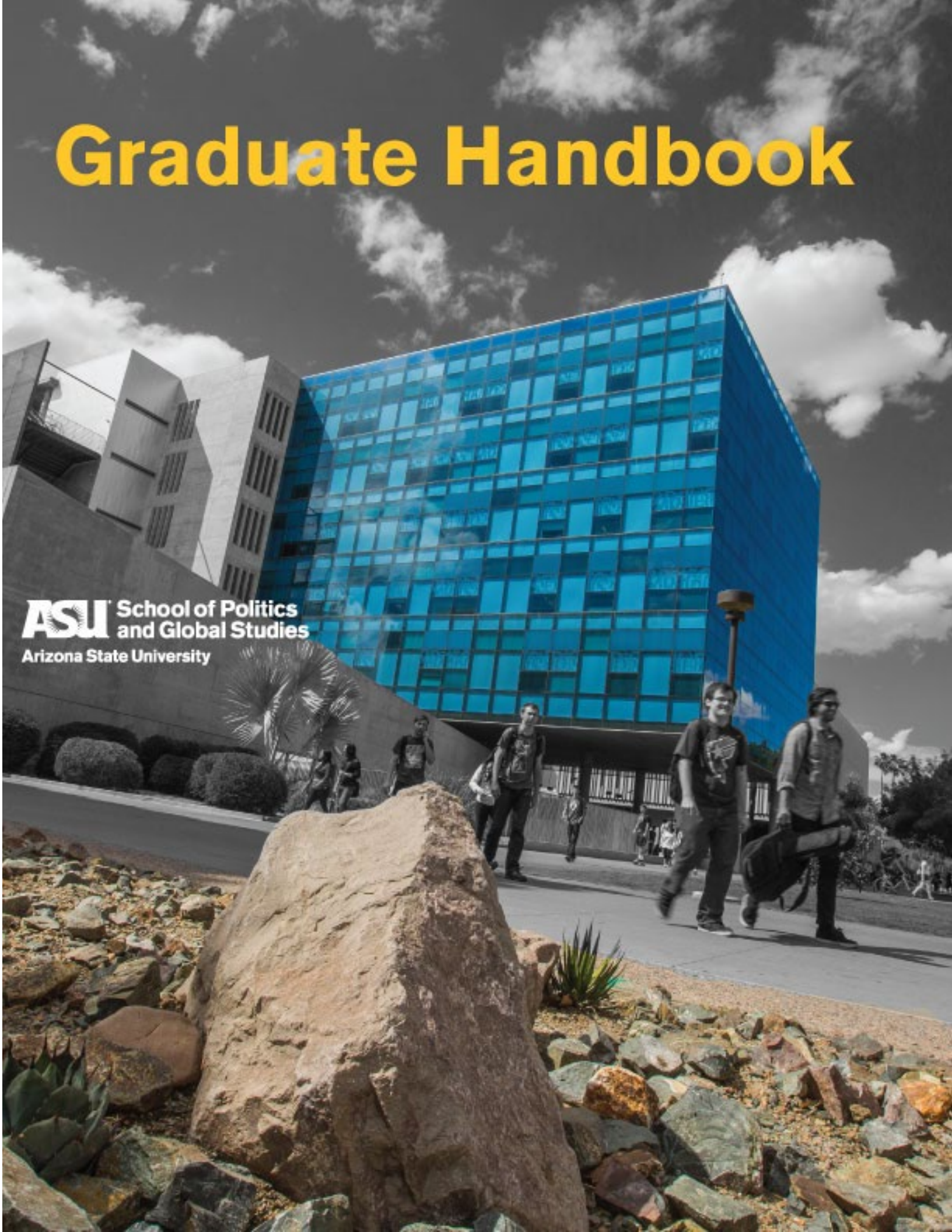


# Graduate Handbook

**ASU** School of Politics  
and Global Studies  
Arizona State University



**Political Science Graduate Handbook**  
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**July 2023**

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The policies and descriptions in this handbook are subject to be changed or updated at any time. Please consult with the Associate Director of Graduate Studies or the Graduate Coordinator to ensure the policies listed are current and correct. Archived handbooks can be accessed at <https://spgs.clas.asu.edu/graduate-degrees/current-student-resources>.

**Graduate Program Handbook**  
**Political Science**  
School of Politics and Global Studies  
Arizona State University  
July 2023

**Program Contacts**

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This set of guidelines will help graduate students understand the requirements, processes, and expectations of graduate work in Political Science at ASU. These guidelines will also help students stay on track to complete their graduate program in a timely manner. These guidelines, however, must be read in the context of general University and Graduate College requirements, processes and expectations. Students are expected to be familiar with and follow these guidelines. Failure to meet filing dates and general timelines can delay or derail student progress.

**Indigenous Land Acknowledgement**

We acknowledge the twenty-two tribes who are native to Arizona, whose care and keeping of these lands allows us to be here today. More specifically, we honor the Akimel O’odham (Pima) and Pee Posh (Maricopa) peoples, on whose ancestral homelands ASU’s campuses reside.

**SPGS Commitment to Diversity and Inclusion**

The School of Politics and Global Studies (SPGS) fosters a culture of inclusiveness by embracing people of varied backgrounds into our workplace and educational environment. We recognize that a diverse student population enriches the learning environment for all SPGS graduate students and others enrolled in our classes. The School embraces ASU’s commitment to inclusion as stated in the university diversity

plan. SPGS is engaged in ongoing efforts to recruit and retain graduate students from a wide variety of backgrounds and experiences.

One of the most important things we can do to achieve this goal is to maintain diverse faculty to serve as mentors for our graduate students. Political science research shows that having women and racial and ethnic minorities in positions of power can empower and encourage young people to follow suit. In this way, our diversity efforts at all levels of SPGS are interconnected.

“At ASU, we have taken to heart the notion of designing and building the ‘New American University,’ a university built on the notion of maximum social inclusion, maximum academic excellence, and maximum impact on serving our communities all from the same institution.”

-ASU President Michael Crow  
Letter to ASU Community, June 1, 2020

## **Program Mission and Objectives**

The political science program helps fulfill the fundamental mission of the School of Politics and Global Studies to generate and diffuse knowledge that contributes to the students’ and society’s understanding of politics and governance at the local, national, and global levels. Through both mastery of theory and rigorous methodological training, SPGS graduate students are trained to become critical consumers of knowledge as well as producers of new knowledge in their respective fields of study. Students are encouraged to apply the skill and knowledge gained in the program to research that links abstract theory to concrete global issues and that generates policy-relevant insights.

The political science program is intended to develop scholars who demonstrate a high level of excellence in teaching and research as professional political scientists. It offers a variety of areas of specialization within and between the four main sub-fields of political science: American politics, comparative politics, international relations and political theory.

Program faculty have particular strengths in ethno-religious dynamics, women and politics, conflict and human rights, and Latino politics. Faculty also conduct research and teach in the areas of political psychology and political economy.

Program graduates have a strong track record of obtaining positions in academic, public and private sectors. The program works closely with students so they have the opportunity and tools needed to achieve their career goals. The program provides advanced education for students preparing for teaching, research or applied careers in political science in government, nonprofits and the private sector.

## **PhD in Political Science**

### **Admission Requirements**

Applicants must fulfill the requirements of both the Graduate College and the College of Liberal Arts and Sciences.

Applicants are eligible to apply to the program if they have earned a bachelor's or master's degree, in any field, from a regionally accredited institution.

Applicants must have a minimum of a 3.00 cumulative GPA (scale is 4.00 = "A") in the last 60 hours of a student's first bachelor's degree program, or applicants must have a minimum of a 3.00 cumulative GPA (scale is 4.00 = "A") in an applicable master's degree program.

All applicants must submit the following on the graduate admissions application page:

1. graduate admission application and application fee
2. unofficial transcripts\*
3. personal statement
4. writing sample
5. GRE scores\*\*
6. three letters of recommendation
7. list of political science courses taken
8. proof of English proficiency if native language is not English

\*Unofficial transcripts are sufficient for application if uploaded with the online graduate admission application. If an applicant is admitted to the program, official transcripts will need to be sent to the Graduate Admissions office.

\*\*The GRE requirement has been waived for fall 2024 admissions.

### **PhD Initial Advising**

Upon admission to the PhD program, the student will be assigned a faculty advisor for their first two years in the program. This need not be the faculty member who ultimately chairs the prospectus or dissertation committee, but this faculty member can assist the student in selecting initial courses and help develop the student's initial plan of study.

### **Coursework/IPOS**

Students are generally expected to complete their substantive coursework during the first two years of the program. In the first semester, all doctoral students should enroll in POS 596, a one-credit professionalization workshop overseen by the Associate Director of Graduate Studies (ADGS), POS 503 (Empirical Political Inquiry), POS 603 (Polimetrics I) and one course that fulfills a requirement for their respective major or minor subfields. During the second semester of study the student should enroll in POS 604 (Polimetrics II), as well as courses that fulfill requirements for the major and minor subfields. During the second year of study, students should complete courses that fulfill the requirements

for the major and minor subfields, as well as any additional elective courses necessary to attain the required hours of coursework. See the PhD course requirements on page 14 of this handbook for more detailed information.

Following the first two years, students will enroll in a variety of credits including research, independent study, reading and conference, and dissertation hours, to reach the minimum required 84 credits for the PhD and meet continuous enrollment requirements. **Students must be enrolled in at least one graduate-level credit each fall and spring semester until they complete the program**, unless on an approved leave of absence.

During their first semester, the student should submit an Interactive Program of Study in consultation with the faculty advisor and the graduate coordinator. IPOS information and instructions are available through the student's MyASU page. The IPOS serves as a proposed roadmap of courses to be taken and the timeline to be followed, but it can be updated as needed. An IPOS must be filed with Graduate College before students can take comprehensive exams or defend the prospectus. Students are responsible for making any updates or changes that need to be made to the IPOS once it has been filed.

A minimum of 84 semester hours of graduate work constitutes the formal credit hour requirements for the PhD. Graduate College requires that at least 30 of these hours, not including 799 Dissertation credit hours, be taken after admission to the PhD program. Exactly 12 hours of POS 799 Dissertation credit must be included on the IPOS. If a student is a Teaching or Research Assistant (on SPGS funding), the student must enroll in at least 9 credit hours every semester. Continuous enrollment is required until the degree is awarded. See also: <https://graduate.asu.edu/current-students/policies-forms-and-deadlines/policy-manuals>

Students are expected to take courses for the first four semesters that will prepare them for comprehensive exams by the beginning of their fifth semester. Each subfield has required methods courses, research courses, and core seminars for major and minor fields (see page 14) and these must be included on the IPOS. The faculty advisor and the student will set timelines for course completion and exams, bearing in mind the goal of being prepared to take comprehensive exams by the beginning of the fifth semester at ASU.

Students may, with the advice of their advisor and/or committee, plan to take additional course work directed toward dissertation research after successfully completing comprehensive exams.

**Note:** Students should not register for courses outside the School without the approval of the faculty advisor and the ADGS.

Students in particular fields should be attentive to the expectations of those fields. For instance, students who plan to specialize in Comparative Politics are expected to acquire sufficient language proficiency in the language of the countries and/or regions they are planning to study in order to conduct fieldwork and read materials. These students should

either enter the program with sufficient proficiency in the language(s) of the countries/regions they wish to study in their dissertation project or are expected to acquire such proficiency during their time of residency at ASU through intensive language courses at the university.

### **Credit Transfer**

Contingent on the approval of the Graduate College, students may apply up to 30 credit hours from a previously awarded Master's degree toward their doctoral plan of study, reducing the number of credits required for the PhD to 54. For students with an MA from another accredited institution, it is preferable to petition the Graduate College to have the MA transferred as a blanket 30 credit hours. Students must submit a petition to the ADGS in order to transfer any credits other than a Graduate College-approved 30-credit hour blanket toward their degree.

With the approval of the ADGS and the Graduate College, a maximum of 12 credit hours of approved course work *not* applied to a previously awarded degree may count toward the 84 hours for the doctoral degree. Please see the Pre-Admission Credits policy at <https://graduate.asu.edu/current-students/policies-forms-and-deadlines/policy-manuals> for more information.

Graduate courses taken prior to admission that are included on the IPOS must have been completed within three years of the semester and year of admission to the program, and passed with a grade of B or better (previously awarded Master's degrees used on the IPOS are exempt from the three-year requirement).

Foreign degrees of some equivalence to a U.S. Master's degree may, at the discretion of the School and Graduate College, be transferred in for up to 30 credit hours.

Questions regarding whether particular courses meet SPGS course requirements (e.g., POS 603) are decided by the ADGS and relevant SPGS faculty. Students must file a petition with the ADGS and provide syllabi for courses they would like to apply to their major or minor requirements.

### **Comprehensive Exams**

Students are required to take written examinations in both a major field and a minor field, chosen from the subfields of American Politics, International Relations, Comparative Politics, and Political Theory. Students may also opt for a secondary minor in Methods and Models. Both the major and minor exams are taken just prior to the start of the fall semester of the third year. A student will not be allowed to take comprehensive exams without having an IPOS approved by the Graduate Coordinator or ADGS. Students should complete all major and minor degree requirements prior to taking the exams, unless approved by the ADGS. Both the major and minor subfield exams cover information from an entire sub-field in political science (e.g., Comparative Politics) rather than focus on a specific question or area of interest.

Faculty members of a given subfield, in coordination with the ADGS, determine the composition of the comprehensive exam committee for that subfield. Exam committees write a single exam for all students taking the exam in a particular field, and all committee members grade all responses. Prior to the exam, students should contact the faculty chair of their exam committee for recommended readings and additional information on the structure of the exam.

***Evaluation:*** After reading the exam pertinent to her or his area, each exam committee member reports the initial evaluation to the ADGS, who compiles the results and sends them to the exam committee chair. The examinations are graded *Pass with Distinction*, *Pass*, *Further Clarification Required*, or *Fail*. If the exam result is *Pass with Distinction* or *Pass*, then the ADGS will inform the student of the final decision in writing and may also inform the student verbally, and the Graduate Coordinator will enter the results into the student's IPOS.

The purpose of a *Further Clarification Required* is to provide the committee members with an option to question the candidate further if there is uncertainty regarding specific aspects of the written exam. This option should be construed as an opportunity to elaborate on or clarify specific responses provided in the written exam; it is not an opportunity to retake the exam or to answer additional or alternative questions. This meeting should be scheduled as soon as possible, and ideally within two weeks, by the student in consultation with their committee. Following this meeting, the exam committee will report the result of either *Pass* or *Fail* to the ADGS. The ADGS will inform the student of the final decision in writing and may also inform the student verbally, and the Graduate Coordinator will enter the results into the student's IPOS

A grade of *Fail* on the comprehensive examination will result in the student being recommended for dismissal from the PhD program. Students who have failed an exam may petition the ADGS and the Graduate College for a one-time re-examination the following semester. For a student re-taking an exam, the only grade options are *Pass* or *Fail*.

### **Dissertation Prospectus**

To advance to candidacy, the student must give an oral defense of the dissertation prospectus. This defense should take place by the end of the third year in the program.

The student is responsible for assembling their own prospectus committee and should be considering committee members for a prospectus/dissertation while preparing for comprehensive exams. The student should officially form their committee within two months of passing both major and minor exams. The exam committee for the prospectus must have at least three members, two of whom, including the chair, must be approved graduate faculty in the School of Politics and Global Studies (SPGS) (see <https://graduateapps.asu.edu/graduate-faculty/degree/LAPOLSCPHD>). The chair of the committee must also be a full-time, tenured faculty member. At least 50% of committee members must be full-time tenured or tenure-track SPGS faculty. In exceptional circumstances, a political science faculty member may co-chair a committee with a non-



political science faculty member, with the approval of the ADGS. The student should formalize the committee by submitting a committee designation on the IPOS and notifying the ADGS and Graduate Coordinator in writing.

The prospectus is a working document describing and justifying the intended dissertation research question(s), methodology(ies) that will be employed, data that might be used, the resources needed to complete the project, the timeline of the project, and any additional factors the committee deems relevant. An approved prospectus launches the student into the doctoral thesis research and should be able to serve as the basis of grant applications. The prospectus provides the initial framework to guide the doctoral research. When the dissertation prospectus has been successfully defended and finalized, the committee will sign the appropriate forms that will advance the student to candidacy, and the Graduate Coordinator will enter the results in the student's IPOS.

### **Advancing to Candidacy**

Students are advanced to candidacy by the School of Politics and Global Studies (SPGS) and Graduate College immediately after they have passed the comprehensive examinations, fulfilled the substantive course requirements, and defended the dissertation prospectus.

Students may take courses after they advance to PhD candidacy to prepare further for dissertation work. Any plans to take additional courses should be discussed with the dissertation committee chair.

Students may be eligible to teach their own courses after advancing to candidacy based on advisor and ADGS approval, course availability, and scheduling needs.

### **Dissertation**

The dissertation is an original piece of research conducted by the PhD candidate under the supervision of committee of faculty members. The dissertation represents a sustained original contribution to a body of knowledge in the field of political science and demonstrates the student's proficiency as an independent scholar. The project is, in all but extraordinary circumstances, developed directly from the dissertation prospectus.

Students are responsible for assembling their own dissertation committee. Typically, members of the prospectus committee will also serve on the dissertation committee, although changes to the committee might sometimes be warranted. The dissertation committee is a three- to five-member committee. The chair of the committee must be a full-time, tenured member of the political science graduate faculty in the SPGS. At least 50% of the committee members must be full-time tenured or tenure-track faculty members in the SPGS. Scholars from outside of SPGS, including individuals from other units at ASU or from other universities, may serve on the dissertation committee with the approval of the ADGS, committee chair, and Graduate College.

### **Dissertation defense**

Students should work closely with their committee members and the Graduate Coordinator to determine deadlines and schedule the defense. The faculty committee will sign an electronic pass/fail form that is submitted to the Graduate College via the IPOS. The final dissertation must be submitted electronically through Graduate College. Students are expected to follow guidelines regarding formatting and other writing requirements. Students must adhere to all deadlines and procedures outlined by the Graduate College. Information can be found on the Graduate College website: <https://graduate.asu.edu/current-students/completing-your-degree/about-your-defense>

### **Master of Arts in Passing (MIP)**

Students in the doctoral program may choose to obtain a Master of Arts in Passing (MIP). Students in this category must sit for a portfolio review; this is an oral examination over a revised and improved seminar paper. A committee composed of three ASU faculty members, including the ADGS and at least one other SPGS faculty member, conduct the exam. The chair of the committee must be a full-time, tenured member of the graduate faculty in the SPGS. The majority of committee members must be full-time tenured or tenure-track faculty members in the SPGS. Other faculty may be from other units at ASU, but this requires approval from the ADGS, committee chair, and Graduate College. Students who are successful in this review and have completed at least 30 hours of coursework at ASU toward the PhD are then awarded a Master of Arts degree. Students interested in this process should contact the Graduate Coordinator for the necessary paperwork. **Note:** Students who have already earned a Master's degree in a related field and are applying credits from that degree to the PhD (30 "blanket" credits) are not eligible to receive a Master of Arts in Passing.

### **Registration/Continuous Enrollment**

Graduate students must be registered every fall and spring semester for a minimum of one hour of graduate-level credit that appears on the IPOS or in an appropriate graduate level course in the academic unit in which they are pursuing their degree program, unless they are on an approved leave of absence. This includes registration during any fall and spring semester, or summer session if comprehensive examinations are taken, the dissertation prospectus is defended, the dissertation is defended, or if a student is employed as a TA/RA over a summer session. If a student is a TA/RA (on SPGS funding), the student must enroll in at least 9 credit hours every fall and spring semester unless approved by the ADGS. Continuous enrollment in fall and spring semesters in at least one graduate credit is required until the degree is awarded.

### **Maximum time limits**

A PhD candidate must take the final oral examination in defense of the dissertation within no more than ten years of having started the PhD program. Most students should complete the PhD in five years. Some students may need additional time to conduct grant-funded field research.

### **Satisfactory academic progress**

Grades are one indicator of satisfactory progress towards the degree. However, they are not the only indicator. Students are expected to take required coursework on schedule, attend colloquia sponsored by the School of Politics and Global Studies, keep to general recommended timelines, demonstrate professional commitment and maintain professional behavior. Students are also required to adhere to Graduate College's policies on maintaining academic progress towards degree completion (<https://graduate.asu.edu/current-students/policies-forms-and-deadlines/policy-manuals>) and the ASU Student Code of Conduct (<https://eoss.asu.edu/dos/srr/codeofconduct>). All students will be asked to submit a yearly progress report and be evaluated by the faculty. Students will then be provided individualized feedback by the ADGS.

### **Grade point average (GPA)**

To be eligible for a PhD degree from the political science program at ASU, a student must achieve a grade point average of "B" (3.0) or better in all courses numbered 500 and above. The political science program requires that grades of "A+," "A", "A-", "B+", "B", "B-" or "Y" be obtained in all coursework counted for the PhD. Students receiving a grade of a C or below should notify the ADGS in writing no later than two weeks after grades are posted. A student may be placed on probation in the PhD program when the semester, cumulative, iPOS, or graduate GPA falls below 3.0, and in particular if the student fails to achieve at least a 3.0 GPA in the first 9 credit hours in the political science program. See <https://graduate.asu.edu/current-students/policies-forms-and-deadlines/policy-manuals> for definitions of the GPA types. *Although a 3.0 is the minimum acceptable GPA for a student in the PhD program, students should be aware that a GPA below 3.3 is cause for concern.*

### **Teaching Assistants/Research Assistants (TA/RA)**

SPGS provides some ½ time (20-hours per week) graduate assistantships, which are awarded each academic semester depending on the needs of the School and funding availability. Priority is given to students in their first five years of the PhD program. Students should not expect to be funded after their fifth year on funding, if they leave the program for a number of years (for instance, to attend law school), or if they are not in residence.

Appointment to an assistantship requires that a student make satisfactory progress toward their degree; have satisfactorily fulfilled the duties of their prior TA/RA positions; and maintain professional conduct in all duties. Satisfactory progress requires students to maintain a "B" 3.0 GPA average in graduate courses, have no more than one Incomplete grade on their transcript at any given time, advance to candidacy by the end of the third year, and complete the PhD by the end of the fifth year.

Students in TA or RA roles will be evaluated by their advising faculty member each semester and may request to see copies of their evaluations. Students failing to meet benchmarks or satisfactory performance in their employment roles are at risk of losing funding. Special circumstances may make it difficult for certain students to reach these benchmarks and exceptions may be made on a case-by-case basis.

Students are responsible for monitoring their own financial accounts with the university. Students should familiarize themselves and abide by the ASU Graduate College TA/RA handbook: <https://graduate.asu.edu/current-students/policies-forms-and-deadlines/policy-manuals>.

### **Test of Spoken English (SPEAK test)**

All prospective international TAs whose native language is not English must pass the SPEAK test or another permitted English proficiency test before they are allowed primary teaching responsibilities. Information on the guidelines, permitted tests, and required scores can be found in the offer letter or at <https://globallaunch.asu.edu/learn-english/other-services/international-teaching-assistant>.

### **Outside funding sources/travel**

The university offers scholarships and grants, some of which are posted on the Graduate College web site. Students are encouraged to apply for outside awards and are expected to apply for Graduate College's Completion fellowship as eligible. See also: <https://graduate.asu.edu/current-students/funding-opportunities>.

Students are encouraged to seek outside funding, particularly for dissertation research. For example, the National Science Foundation (NSF) awards dissertation research money. Seeking external funding may be a condition of receiving internal funding. See also the Graduate and Professional Student Association's Research Grant Program: <https://eoss.asu.edu/gpsa/funding>.

Students may receive funding from SPGS for professional development such as training seminars and attending conferences. Students attending any conference or workshop on behalf of the university must give a practice presentation to the graduate cohort and available faculty at least ten working days prior to departure. The student should ensure that the date and time for the practice presentation will allow for the faculty advisor to be present. This practice presentation should be coordinated and publicized in conjunction with the Graduate Coordinator at least a week prior to the proposed presentation date.

### **Graduation**

Application for graduation, scheduling a defense, and other milestones should be made no later than the dates specified in the Graduate College 10-day working calendar. Students are responsible for knowing and adhering to the deadlines regarding degree completion and graduation: <https://graduate.asu.edu/current-students/policies-forms-and-deadlines/graduation-deadlines>.

### **Job placement/professional development/support**

Students intending to seek employment in a university or college should join the American Political Science Association (APSA) in order to access "e-Jobs", which has the most comprehensive listing of academic jobs in political science. Students are strongly encouraged to familiarize themselves with the APSA's job services (including the e-Jobs listings) well before they plan on applying for academic jobs. The *Chronicle of Higher Education* is an additional, but far less comprehensive, source for job listings. For

job applications, the student should set up a portfolio with either a private service such as Interfolio, or with ASU's Office of Career Services (<https://career.asu.edu/>). It is the student's responsibility to handle all aspects of the job application, with the understanding that the chair of the student's PhD committee will provide guidance and suggestions. The political science program does not compile and/or send out students' job applications. Students are encouraged to set up a website hosted by ASU while on the job market. Please speak to the ADGS or Graduate Coordinator about these opportunities.

### **Independent Study/Research/Reading & Conference Courses**

(POS 590/790 and 592/792 courses)

POS 590/790 (Reading and Conference) are graduate-level, independent study courses. In order to register for POS 590/790, students must be formally admitted to the graduate program, have the permission of the ADGS, and identify a professor who is willing to supervise the reading projects. The forms for POS 590/790 are available on the School's website and through the Graduate Coordinator.

A maximum of six hours of POS 590 may be included in an MA program of study and a maximum of twelve hours of POS 790 in a PhD program of study. The course may include such assignments as intensive reading in a specialized area and writing a synthesis of the literature on a specified topic.

POS 592/792 (Research) may be taken to work on individual research projects, including the Dissertation. In order to register for POS 592/792 students must be formally admitted to the program, have the permission of the ADGS, and identify a professor who is willing to supervise the research. Students must complete the appropriate 592/792 form. The forms for POS 592/792 are available on the School's website and through the Graduate Coordinator.

**Ph. D. degree requirements**

*All PhD students are required to take POS 503.*

The following courses are required for major and minor areas:

If your **major** field is **American Politics**:

POS 503 Empirical Political Inquiry

POS 603 Polimetrics I

POS 604 Polimetrics II

POS 530 American Politics

Three electives in American Politics

If your **minor** field is **American Politics**:

POS 503 Empirical Political Inquiry

POS 530 American Politics

Two electives in American Politics

If your **major** field is **Comparative Politics**

POS 503 Empirical Political Inquiry

POS 603 Polimetrics I

POS 604 Polimetrics II

POS 550 Comparative Politics

Three electives in Comparative Politics

If your **minor** field is **Comparative Politics**:

POS 503 Empirical Political Inquiry

POS 550 Comparative Politics

Two electives in Comparative Politics

If your **major field is International Relations**:

POS 503 Empirical Political Inquiry

POS 603 Polimetrics I

POS 604 Polimetrics II or approved Methods course

POS 560 International Relations

Three electives in International Relations

If your **minor** field is **International Relations**:

POS 503 Empirical Political Inquiry

POS 560 International Relations

Two electives in International Relations

If your **major** field is **Political Theory**

POS 503 Empirical Political Inquiry

POS 540 Ancient Political Theory

POS 541 Modern Political Theory

Three electives in Political Theory

If your **minor** field is **Political Theory**:

POS 503 Empirical Political Inquiry

POS 540 Ancient Political Theory

POS 541 Modern Political Theory

One elective in Political Theory

If your **minor** field is **Methods and Models (secondary minor only)**

POS 503 Empirical Political Inquiry

POS 603 Polimetrics I

POS 604 Polimetrics II

One elective in Methods and Models

## General PhD Roadmap:

Below is an example of how a doctoral student could fulfill all requirements within five years. Actual course offerings will vary. Students should work with the faculty advisor to make course selections.

### First semester

POS 503  
Major Field Seminar (i.e. 530)  
POS 603  
Professionalization workshop (1 credit)

### Third semester

Major Elective  
Minor Elective  
Major Elective

### Fifth semester

Comprehensive exams (August)  
Write and defend prospectus  
Take additional necessary courses  
Write grant/fellowship proposals  
Enroll in 9 credits of POS 790 or 792

### Seventh semester

Focus on dissertation (POS 799\*)  
Prepare publications/conf. papers  
Teach own course if available  
Submit external fellowship applications

### Ninth semester

Polish dissertation  
Actively on job market  
Prepare/submit publications  
Enroll in POS 790 or 792

### Second semester

POS 604  
Minor Field Seminar (i.e. 560)  
Major Elective

### Fourth semester

Minor Elective  
Other Elective  
Other Elective

### Sixth semester

Submit articles/grant proposals  
Enroll in 9 credits of POS 792 or  
POS 799

### Eighth semester

Focus on dissertation (POS 799\*)  
Prepare publications/conf. papers  
Prepare materials for job market

### Tenth semester

Apply for graduation  
Actively on job market  
Schedule and hold defense  
Enroll in POS 790 or 792  
Submit publications

\*Exactly 12 hours of POS 799 Dissertation are required to be included on the IPOS; these credits may be taken in one semester or divided over two or more semester.

84 total credit hours of graduate work are required for the PhD. Students may not enroll in POS 799 until after they have passed their prospectus.



## **Masters of Arts in Political Science**

The Master of Arts (MA) degree provides advanced education for those students preparing for teaching, research, or applied careers in political science. It may be taken as a terminal program or as a step toward eventual fulfillment of the requirements for the PhD. This is not a professional degree intended to lead directly into a job in the government, in politics, or with an NGO.

Although undergraduate course work in political science is not a prerequisite for admission, it is assumed that MA students will have a basic understanding of elementary statistics and the undergraduate content of the political science fields of concentration that they wish to study. Students without such a background should allow sufficient time to acquire it. Students are required to complete either a Thesis or a Non-Thesis/Portfolio as part of the MA program.

### **Admission Requirements**

Applicants must fulfill the requirements of both the Graduate College and the College of Liberal Arts and Sciences.

Applicants are eligible to apply to the program if they have earned a bachelor's or master's degree, in any field, from a regionally accredited institution.

Applicants must have a minimum of a 3.00 cumulative GPA (scale is 4.00 = "A") in the last 60 hours of a student's first bachelor's degree program; or applicants must have a minimum of a 3.00 cumulative GPA (scale is 4.00 = "A") in an applicable master's degree program.

All applicants must submit the following on the graduate admissions application page:

1. graduate admission application and application fee
2. unofficial transcripts\*
3. personal statement
4. writing sample
5. GRE scores\*\*
6. three letters of recommendation
7. list of political science courses taken
8. proof of English proficiency if native language is not English

\*Unofficial transcripts are sufficient for application if uploaded with the online graduate admission application. If an applicant is admitted to the program, official transcripts will need to be sent to the Graduate Admissions office.

\*\*The GRE requirement has been waived for fall 2024 admissions.

### **Initial Advising**

Upon admission to the MA program, the student will be assigned a faculty advisor for their first year in the program. This need not be the faculty member who ultimately chairs the culminating event committee, but is someone who can help select courses and develop the student's initial plan of study.

### **Coursework/IPOS**

During the first semester, in consultation with a faculty advisor in the student's subfield, the student files an official Interactive Plan of Study (IPOS) to outline the planned course of study for the degree, which can be updated as needed. The faculty advisor or Graduate Coordinator should be consulted at the earliest possible date about the plan of study. IPOS information and instructions are available through the student's MyASU page and the School website (<https://spgs.asu.edu/graduate-degrees/current-student-resources>). Students are responsible for making any updates or changes that need to be made to the IPOS once it has been filed.

The student, in consultation with the faculty advisor, identifies the courses that will satisfy the MA requirements. Each semester, the student is expected to take seminars in his/her major field and electives until coursework is completed. A maximum of six semester hours in approved courses taken at ASU in other departments and a maximum of six hours of independent study (POS 590 or 592) may count towards the 30-hour requirement. A maximum of six semester hours may be transferred in from other accredited institutions, at the discretion of the faculty advisor, the ADGS, and the Graduate College. Graduate courses taken prior to admission that are included on the IPOS must have been completed within three years of the semester and year of admission to the MA program, and passed with a grade of B or better.

***Continuous enrollment in at least one credit of graduate coursework in each fall and spring semester is required until the degree is awarded.*** If a culminating event occurs during a summer session, the student must be enrolled for at least one graduate credit in the session they intend to graduate. See also: <https://graduate.asu.edu/current-students/policies-forms-and-deadlines/policy-manuals>

### **Culminating Event Requirements:**

For the MA degree in political science, the student must complete and successfully defend a non-thesis portfolio/research paper or a thesis. The student is responsible for recruiting a supervisory committee in the semester prior to the defense. The committee for the defense must have three members, two of whom, including the chair, must be approved graduate faculty in the School of Politics and Global Studies. The chair of the committee must be a full-time tenured faculty member in the School of Politics and Global Studies. The majority must always be ASU political science faculty. In exceptional circumstances, a political science faculty member may co-chair a committee with a non-political science faculty member, with the approval of the ADGS.

### ***Non-Thesis/Portfolio Requirements:***

The non-thesis/portfolio is typically developed out of a research paper completed for a political science graduate seminar. Students must defend the substantially revised and improved paper, typically at the end of the fourth semester, before their three-member supervisory committee. It is assumed this paper would be of sufficient quality and format to be submitted to a professional conference or possibly for publication. Students should submit a draft of the portfolio to the committee chair at least three weeks prior to the scheduled oral defense. Deadlines for portfolio defenses are available at <https://spgs.clas.asu.edu/graduate-degrees/current-student-resources>.

### ***Thesis Option Requirements***

MA students selecting the Thesis option must complete exactly six hours of thesis (POS 599) with the faculty member who is chairing the thesis. Students should carefully review the information at <https://graduate.asu.edu/current-students/completing-your-degree/formatting-your-thesis-or-dissertation> well in advance of the preparation of the final copy of the thesis, since it outlines all relevant procedures. An oral examination by the student's supervisory committee in defense of the thesis is required. Normally, an MA student will defend the thesis in the fourth semester. Selecting the thesis option requires the student to follow the graduation deadlines set forth by Graduate College (see <https://graduate.asu.edu/current-students/policies-forms-and-deadlines/graduation-deadlines>). Students should submit a draft of the thesis to the committee chair at least three weeks prior to the scheduled oral defense.

### **Maximum Time Limit**

All MA requirements must be completed within six consecutive years.

### **Satisfactory Academic Progress**

Grades are one indicator of satisfactory progress towards the degree, but not the only one. Students are expected to take required coursework on schedule, attend colloquia sponsored by the School of Politics and Global Studies, keep to the general recommended timelines, demonstrate professional commitment and maintain professional behavior. Students are also required to adhere to the Graduate College's policies on maintaining academic progress towards degree completion (<https://graduate.asu.edu/current-students/policies-forms-and-deadlines/policy-manuals>) and the ASU Student Code of Conduct (<https://eoss.asu.edu/dos/srr/codeofconduct>). All students will be asked to submit a yearly progress report and be evaluated by the faculty. Students will then be provided individualized feedback by the ADGS.

### **Grade Point Average (GPA)**

To be eligible for an MA degree from the Political science program at ASU, a student must achieve a grade point average of "B" (3.0) or better in all courses used on the IPOS towards the degree, exclusive of deficiencies. The political science program requires that grades of "A+," "A", "A-", "B+", "B", "B-", or "Y" be obtained in all coursework counted for the MA. A student may be placed on probation in the MA program when the semester, cumulative, iPOS, or graduate GPA falls below 3.0, and in particular if the

student fails to achieve at least a 3.0 GPA in the first 9 credit hours in the Political science program. See <https://graduate.asu.edu/current-students/policies-forms-and-deadlines/policy-manuals> for definitions of the GPA types.

### **Graduation**

Application for graduation, scheduling a thesis defense, defending a portfolio and other milestones should be made no later than the date specified in the Graduate College 10-day working calendar. Students are responsible for knowing and adhering to the deadlines regarding degree completion and graduation: <https://graduate.asu.edu/current-students/policies-forms-and-deadlines/graduation-deadlines>.

### **M.A. degree requirements**

*All MA students are required to take POS 503.*

A minimum of 30 semester hours is required for the Master of Arts degree.

If your field is **American Politics:**

POS 503 Empirical Political Inquiry

POS 603 Polimetrics I

POS 530 American Politics

Two electives in American Politics

If your field is **Comparative Politics:**

POS 503 Empirical Political Inquiry

POS 603 Polimetrics I

POS 550 Comparative Politics

Two electives in Comparative Politics

If your field is **International Relations:**

POS 503 Empirical Political Inquiry

POS 560 International Relations

POS 603 Polimetrics I

Two electives in International Relations

If your field is **Political Theory:**

POS 503 Empirical Political Inquiry

POS 540 Ancient Political Theory

POS 541 Modern Political Theory

Two electives in Political Theory

### **Accelerated Master's degree program**

High-achieving, on-campus undergraduate majors in the BA/BS in Political Science, BA in Global Studies, and BS in Politics and the Economy may be considered for admission into the accelerated Master's program. The Graduate College has approved a plan whereby undergraduates can "share" credits for both their undergraduate and graduate degrees. Students can count up to one designated 400-level course and three designated

500-level courses as credit hours for both degrees. Using this system of shared credits, students will be able to complete both degrees in five years. Students in the accelerated MA program must complete their Bachelor's degree within one year of being admitted to the accelerated MA program. See <https://spgs.clas.asu.edu/degrees/graduate/4-1-accelerated/POS> for further details.

Deferrals and plan changes are not allowed for an accelerated MA student. The accelerated MA program requires specific guidelines, time frame and shared course hours. There are no exceptions.

### **Satisfactory Academic Progress**

Students in the accelerated Master's degree program must maintain at least a 3.0 GPA in all categories (graduate, cumulative, iPOS, and semester GPA). The student may not be allowed to continue on to the graduate portion of the program based on a GPA lower than a 3.0 in any category, faculty feedback, poor performance, or unsatisfactory conduct in the graduate program that violates the ASU Student Code of Conduct (<https://eoss.asu.edu/dos/srr/codeofconduct>). Students are also required to adhere to the Graduate College's policies on maintaining academic progress towards degree completion (<https://graduate.asu.edu/current-students/policies-forms-and-deadlines/policy-manuals>); also see this link for definitions of the GPA types.

### **Grade Point Average (GPA)**

To be eligible for an MA degree from the political science program at ASU, a student must achieve a grade point average of "B" (3.0) or better in all courses used on the IPOS towards the degree, exclusive of deficiencies. The political science program requires that grades of "A+", "A", "A-", "B+", "B", "B-", or "Y" be obtained in all coursework counted for the MA. A student may be placed on probation in the MA program when any GPA falls below 3.0, and in particular if the student fails to achieve at least a 3.0 GPA in the first 9 graduate credit hours in the political science program.

## **General Program Information**

Information for all Political Science graduate degree programs:

### **Resources**

Students are encouraged to utilize university resources as needed for personal issues they may face during time as a graduate student. Staff members such as the Graduate Coordinator, the ADGS, the School Director, and faculty advisors should be utilized for support as needed for personal and professional issues that may arise during a student's graduate career. Students are also encouraged to speak to the ADGS, the Graduate Coordinator, or their faculty advisor to report situations or individuals that may be negatively impacting others. Contact information for the Graduate Coordinator and the Associate Director of Graduate Studies can be found at <https://spgs.asu.edu/graduate-degrees> or at <https://spgs.asu.edu/people/leadership>.

## **Tuition, Fees, and Residency Requirements**

Current tuition and fee rates can be found at <https://students.asu.edu/standard-cost-attendance> or using the tuition calculator at <https://students.asu.edu/tuition>. Residency requirements can be found at <https://students.asu.edu/residency>. Student Account information is available at MyASU or by contacting Student Business Services at [sbs@asu.edu](mailto:sbs@asu.edu).

## **Title IX**

ASU prohibits all forms of discrimination, harassment and retaliation. To view ASU's policy please see <https://www.asu.edu/aad/manuals/acd/acd401.html>.

Title IX protects individuals from discrimination based on sex in any educational program or activity operated by recipients of federal financial assistance. As required by Title IX, ASU does not discriminate on the basis of sex in the education programs or activities that we operate, including in admission and employment. Inquiries concerning the application of Title IX may be referred to the Title IX Coordinator or to the U.S. Department of Education, Assistant Secretary, or both. Contact [titleixcoordinator@asu.edu](mailto:titleixcoordinator@asu.edu) or 480-965-0696 for more information. Office located at 1120 S. Cady Mall, INTDSB 284. For information on making a report please go to [www.asu.edu/reportit/](http://www.asu.edu/reportit/).

## **Counseling Services**

ASU Counseling Services offers confidential, personal counseling and crisis services for students. Student Services Building, Room 334, phone (480) 965-6146 or (480)921-1006 (24 hours/7 days a week), <https://eoss.asu.edu/counseling>.

## **Student Accessibility and Inclusive Learning Services (SAILS) (formerly Disability Resource Center)**

SAILS provides services to qualified students with disabilities on all ASU campuses. Matthew Center building, 1<sup>st</sup> floor, phone (480) 965-1234, email [Student.Accessibility@asu.edu](mailto:Student.Accessibility@asu.edu), <https://eoss.asu.edu/accessibility>.

## **International Students and Scholars Center**

The International Students and Scholars Center provides advising regarding visas and travel for international students. Student Services Building, Room 170, phone (480) 727-4776, email [ISSC@asu.edu](mailto:ISSC@asu.edu), <https://issc.asu.edu/>.

## **Leaves of Absence**

Graduate students planning to discontinue registration for a semester or more must submit a Leave of Absence petition via their IPOS. This petition must be submitted and approved *before* the anticipated semester of non-registration. Students may request a leave of absence for a maximum of *two semesters* during their entire program. There is no limit on the number of leaves of absence for students called up for active military service.

Having an approved Leave of Absence will enable students to re-enter their program without re-applying to the university. Students who do not register for a fall or spring semester **without** an approved Leave of Absence are considered withdrawn from the university under the assumption that they have decided to discontinue their program. Students removed for this reason may reapply for admission to resume their degree program; the application will be considered along with all other new applications to the degree program, and admission is not guaranteed.

A student with a Graduate College-approved Leave of Absence is not required to pay tuition and/or fees, but in turn is not permitted to place any demands on university faculty or use any university resources. These resources include university libraries, laboratories, recreation facilities or faculty time.

### **Medical/Compassionate Withdrawal**

If a student experiences a serious illness, injury or other significant personal situation that prevents that student from continuing in classes, students may request a medical/compassionate withdrawal. Students are encouraged to contact the Director of Graduate Studies and the committee chair/advisor if requesting this type of withdrawal. Students should first make use of the regular withdrawal procedures, request incompletes or make other arrangements with instructors if possible. **All applications for medical/compassionate withdrawal require thorough and credible documentation.** <https://thecollege.asu.edu/resources/medical-withdrawal>

### **Voluntary Withdrawal from ASU**

If a student wishes to withdraw from his/her graduate degree program and the university, they must complete the Voluntary Withdrawal form available at <http://students.asu.edu/voluntary-withdrawal-form>. Students must separately withdraw from their courses via MyASU. International students should contact the ISSC (info above) before submitting a Voluntary Withdrawal form, as it most likely will affect their visa status.

### **Dismissal by the Graduate College**

Any student who does not comply with the Graduate College policies may be dismissed from their graduate program after review by the Dean of the Graduate College.

In addition, an academic unit may recommend dismissal of a student from a graduate program for lack of compliance with published departmental policies or lack of satisfactory academic progress. All such recommendations must be submitted to the Graduate College with appropriate documentation (e.g., nature of issue, communications with student). Only the Dean of the Graduate College may dismiss a student from a graduate program due to lack of compliance with satisfactory academic progress policies. See section “Satisfactory Academic Progress” below for more details on dismissal processes.

A student who has been dismissed from a graduate program due to lack of compliance with published departmental or Graduate College policies, or lack of satisfactory

academic progress is eligible to apply for admission to the same program only after one year has passed from the term of the dismissal.

### **Dates and Deadlines**

The academic calendar and the Graduate College 10-day working calendar lists deadlines for filing an IPOS, adding/dropping courses, applying for graduation, submission of a thesis/dissertation to Graduate College, and the last date to hold an oral defense of a thesis/dissertation. Students are expected to familiarize themselves and adhere to all deadlines: <https://students.asu.edu/academic-calendar> and <https://graduate.asu.edu/current-students/policies-forms-and-deadlines/graduation-deadlines>

### **Travel/Professional Development Funds**

School funding may be available for graduate students to take part in professional development opportunities.

Funds may be available for students to present at professional conferences (i.e. APSA), participate in trainings or workshops such as the Inter-university Consortium for Political and Social Research (ICPSR), or undertake field research. If students are interested in applying for funds for other activities or for other purposes, they should contact the ADGS. If funds are available throughout the year, the ADGS and Graduate Coordinator will make students aware and request applications by a certain date.

Any graduate student presenting at any conference or workshop on behalf of the university must give a practice presentation to the graduate cohort and available faculty at least ten working days prior to departure. The student should ensure that the date and time for the practice presentation will allow for the faculty advisor to be present. This practice presentation should be coordinated and publicized in conjunction with the Graduate Coordinator at least a week prior to the proposed presentation. There is a competitive process by which funds are distributed, and students should adhere to all deadlines as communicated by the School. Students are also encouraged to explore funding opportunities through the university (Graduate College, The College of Liberal Arts and Sciences, GPSA, etc.)

### **Work Space and Printing/Copying**

The Political Science program has limited desk space available for graduate students. Students will be assigned space as available, with priority given to students holding TA positions, and PhD students. Students may request to reserve one of the SPGS conference rooms as needed for study groups, TA meetings, or other program-related purposes. See the Graduate Coordinator to reserve a conference room.

Printing and copying are only available for students who are teaching their own course. If students are making photocopies for a course they are assisting with as a TA, they should receive a copy code from the faculty member instructing the course.



## **Internships**

For some students an internship is a useful experience. MA students may count up to six hours of POS 584 internship toward their programs of study and PhD students may count up to twelve hours toward their programs of study. Fifty hours of internship work are required for each credit earned. Permission to include internship credit on the IPOS must be granted by the student's advisor and the ADGS.

## **Graduate Association of Political Science (GAPS)**

*Please note: GAPS was inactive during the 2022-23 academic year. If you are interested in reactivating the group, please contact the Graduate Coordinator.*

The Graduate Association of Political science (GAPS) is an independent, ASU-registered organization of, by, and for graduate students studying political science at ASU. GAPS aim to increase the quality of graduate study and professional development through organized deliberation and action. The Association functions as a forum for students to deliberate about common concerns, to present student needs and concerns to the School administration in an organized way, to facilitate communication between grad students and faculty, to assist the integration of new students into the School, and as a social space.

In addition to regular meetings open to all grad students, GAPS holds social events and charity drives on a semester basis. GAPS officers are elected annually, and represent graduate student interests by meeting regularly with School administrators and attending relevant faculty meetings. Although participation is voluntary, every political science program graduate student is automatically a member of GAPS and is represented by the organization.

**ASU Libraries:** <https://lib.asu.edu/>

**Graduate Writing and Tutoring Center:** <https://tutoring.asu.edu/student-services/graduate>

**Pat Tillman Veterans Center:** <https://veterans.asu.edu/>

**Career and Professional Development Services:** <https://career.asu.edu/>

**Parking/Transit:** <https://cfo.asu.edu/transportation>

**ASU ID Card (Suncard):** <https://cfo.asu.edu/cardservices>

**Campus Dining:** <https://sundeildining.asu.edu/>

## **Student Rights and Responsibilities**

### **Satisfactory Academic Progress**

Graduate students are expected to make steady progress toward completion of their degree. This involves meeting the standards and deadlines of the ASU Graduate College (see <https://graduate.asu.edu/current-students/policies-forms-and-deadlines/policy-manuals>) as well as milestones and requirements established by the School of Politics and Global Studies. To be eligible for a graduate degree in Graduate College, a student must achieve a grade point average of “B” (3.0) or better in all three GPA categories (Overall Graduate GPA, Cumulative GPA, and iPOS GPA). Only grades of “A+”, “A”, “A-”,

“B+”, “B”, “B-”, or “Y” may be counted in the program of study for the MA or PhD degrees.

At the end of each semester, any student receiving a grade of C or below in any graduate class or earning a grade point average of less than 3.0 must immediately make an appointment to speak with the ADGS. The student may be placed on academic probation. Unless the grade point average is raised to a 3.0 or above by the following semester, the graduate committee or ADGS may recommend to the Graduate College that the student be dismissed from the graduate program.

A student who is recommended for dismissal from the political science graduate program for failing to make satisfactory progress or for student conduct violations may appeal that recommendation as follows:

1. Within ten business days of receiving the notice of recommendation for dismissal, the student must notify the School Director, in writing, of the request for appeal and the reasons for the appeal.
2. Within ten business days of receiving the appeal, the Political Science Graduate Committee will review the appeal and make a recommendation to the School Director.
3. Within five business days of receiving the Graduate Committee recommendation, the School Director will reach a decision on whether to uphold the dismissal recommendation.
4. If the School Director decides to uphold the dismissal recommendation, the student may appeal to the College of Liberal Arts and Sciences' (The College) Associate Dean for Graduate Initiatives in writing within ten business days of receiving the School Director's decision. The Associate Dean will review the appeal and decide whether to uphold the dismissal recommendation, according to the College's policies.

Only the Dean of the Graduate College or their designee can dismiss a student from their graduate program.

A graduate student who has been dismissed from a graduate program at ASU due to lack of satisfactory academic progress is eligible to apply for admission to the same program only after one year from the term of the dismissal.

### **Academic (Grade) Grievances**

Students seeking to appeal a final course grade should follow the process outlined at <https://thecollege.asu.edu/resources/academic-grievance>. The initial steps in this process are included below.

1. **Consultation with instructor:** The student questioning a **course grade** must first confer with the instructor, state the evidence, if any, and reasons for questioning that the grade received was not given in good faith. The instructor must review the matter, explain the grading procedure used and show how the final course

grade in question was determined. If the instructor is a graduate assistant and this consultation does not resolve the difficulty, the student may then take the dispute to the faculty member in charge of the course.

2. **Review by department leadership:** If the grading dispute is not resolved after consultation with the instructor, the student may appeal to the program director or other appropriate faculty within the department or school that offered the course. That member of the faculty may confer with the instructor to review the dispute. In most instances, the grievance procedure can be resolved after consultation with the instructor or review by department leadership and does not go beyond this level.
  
3. **Meeting request with The College Dean’s Office:** If the matter remains unresolved, the student may then request a meeting with a representative in The College of Liberal Arts and Sciences Dean’s office. In order to request a meeting, the student must complete [the form](https://asuacademicaffairs-advocate.symlicity.com/public_report/index.php/) at [https://asuacademicaffairs-advocate.symlicity.com/public\\_report/index.php/](https://asuacademicaffairs-advocate.symlicity.com/public_report/index.php/). Students should not submit this form until after consultation with the instructor and review by the department leadership. After meeting with the student, the Dean’s representative will send an e-mail outlining their assessment of the grievance. The Dean’s representative will determine if the final course grade will stand as issued or if further review of the issued grade is warranted.

**Professional Conduct**

Students in the Political Science PhD and MA programs are expected to uphold professional responsibilities of the field, and are therefore evaluated with regard to professional responsibilities and behaviors described below. The rubric below shows the required elements in each of three areas of professional responsibility. Students are expected to perform at the “Emerging” level, and to be making progress toward the “Applying” level. Over time, growth in these areas is expected. Performance at the “Unsatisfactory” level may lead to academic probation as well as a reduced grade in a class. Egregious violations may result in a recommendation to the Graduate College that the student be dismissed from the degree program.

	<b>Unsatisfactory</b>	<b>Emerging</b>	<b>Applying</b>
<b>Relationships with others in ASU classrooms, schools and the profession (instructors, school/university leaders, colleagues, etc.).</b>	Exhibits negative, divisive or self-serving behaviors in relationships with colleagues. Addresses concerns inappropriately, or uses disrespectful language or inappropriate emotions.	Maintains cordial relationships with colleagues using appropriate means and respectful language when addressing issues of concern.	Relationships with colleagues are characterized by collaboration and cooperation. Presumes positive intent when addressing issues of concern, and demonstrates willingness to learn from others.
<b>Fulfilling</b>	Violates the rules,	Requires some	Acquires knowledge

<b>Professional Responsibilities</b>	policies or procedures established by SPGS, the university, and/or the law.	guidance regarding the rules, policies and procedures established by SPGS, the university, and/or the law.	and adheres to the rules, policies and procedures established by SPGS, the university, and/or the law.
<b>Content Knowledge and Continued Professional Growth</b>	Engages in few or no professional development activities to enhance knowledge or skill; does not apply new skills. Fails to recognize or respond to feedback indicating the need for continued professional growth.	Participates in professional activities to a limited extent or when they are convenient; application of new skills may be attempted but may not be consistent. Responds to feedback indicating the need for professional growth.	Participates in opportunities for professional development and consistently applies new skills. Seeks feedback and actively works to improve skills by participating in professional development.

### **Academic Dishonesty**

Each student must act with honesty and integrity and must respect the rights of others in carrying out all academic assignments. Students are responsible for knowing and abiding by the ASU Student Code of Conduct (<https://eoss.asu.edu/dos/srr/codeofconduct>) and Academic Integrity Policy (<https://provost.asu.edu/academic-integrity>). Policies on academic dishonesty are applicable not only to the student's own academic work but also in work that they perform for others (i.e. in carrying out their responsibilities as a TA or RA).

# GRADUATE WELLNESS RESOURCES

## FINANCIAL WELLNESS

ASU Financial Aid & Scholarship Services  
<https://students.asu.edu/contact/financialaid>, 855-278-5080

MoneyMoments: A short online course from ASU and Financial Aid and Scholarship Services  
<https://students.asu.edu/moneymoments>

iGrad: A website for financial literacy  
<https://asu.igrad.com/>

ASU Graduate College Funding Opportunities  
<https://graduate.asu.edu/current-students/funding-opportunities>

Live Well to Succeed: Student employee wellness program  
<https://wellness.asu.edu/student-employee-wellness>

ASU Student Business Services: Billing, payments, payment plans  
<https://students.asu.edu/tuitionandbilling>

## PHYSICAL WELLNESS

Live Well @ ASU  
[wellness.asu.edu](https://wellness.asu.edu/); [LivingWell@asu.edu](mailto:LivingWell@asu.edu)

Sun Devil Fitness Complex  
[fitness.asu.edu](https://fitness.asu.edu)

Health Services  
[asu.edu/health](https://asu.edu/health); 480-965-3349

Sexual Violence Awareness, Prevention and Response  
<https://sexualviolenceprevention.asu.edu/>

## EMOTIONAL WELLNESS

ASU Counseling Services  
<https://eoss.asu.edu/Counseling>, 480-965-6146

EMPACT's 24-hour ASU-dedicated crisis hotline  
480-921-1006

Use CRISIS TEXTLINE  
Text HOME To 741741

TAO Connect: A self-help tool for emotional well-being  
<https://thepath.taoconnect.org/local/login/index.php>

Center for Mindfulness, Compassion and Resilience  
<https://mindfulnesscenter.asu.edu/>

## SOCIAL WELLNESS

SunDevilSync: A resource for more information on Grad Student Orgs  
<https://orgsync.com/login/arizona-state-university>

Disability Resource Center  
<https://eoss.asu.edu/drc>, 480-965-1234, [DRC@asu.edu](mailto:DRC@asu.edu)

ASU Police (Non-emergencies)  
480-965-3456, <https://cfo.asu.edu/police>

The office of **Student Advocacy and Assistance** sees students with any challenge and refers them to the appropriate resource.  
<https://eoss.asu.edu/dos/srr/StudentAdvocacyandAssistance>

## 10 Best Practices in Graduate Student Wellbeing

Graduate school necessarily stretches us. When we strive to achieve experiences, content and context expertise, and professional mastery, we rely on every part of our intellectual, emotional, physical and purposeful self. Stretching in these ways is inherently stressful, and according to the National College Health Assessment (NCHA) graduate students report stress, feeling exhausted, and anxiety to be factors that can surface in different ways than they did in undergrad.

Read up on some of the ways you can care for yourself through increasing academic rigor and demands.



**Create a sleep routine** for 7-9 hours at the same time every night. Our bodies crave routine for resting; we engage in our best sleep when our bodies follow the routine we set.



Get out of your study/writing/lab space every day and **sit or walk outside for 15 minutes.** Give yourself a break that includes natural light and a change of environment.



Choose an **exercise routine that matches your needs.** Do you need to laugh and be social? Do you need alone time? Do you need vigorous exercise or movement that includes meditation? Your needs may change, so open yourself to the variety of ways to move your body that meet what you are needing during your week. Sun Devil Fitness is free for students and offers many different paths to keep active and centered.



**Learn a good breathing technique** for calming your body. Breathing is the one physiological part of your body that you can consciously control, and it impacts all other physiological functioning. Try a 4-7-8 breath a couple times a day to lower your body's reaction to stress.



Remind yourself of the **bigger meaning** in your work. What are you learning? How will this challenge help you or how will it make you stronger in the future?



Become aware of **how to fuel your body** to be your best. What types of food and drink do you consume, and at what frequency? These decisions impact your overall energy. Our bodies tell us we are impacted by stress when our sleep and fueling routines change.



Identify your **circle of trust.** These are the few people who you can be totally yourself with, who you can call and not skip a beat, those who you can name exactly how you are feeling, and who will provide an honest check in that you'll trust, even if it stings. These people remind you of who you are and remind you of what you are striving so hard to achieve.



**Connect with other graduate students.** ASU has hundreds of graduate student programs, leaving a wide array of communities in which to connect.



Ask your mentors/supervisors what they need/want/expect from you in your role. Generate conversation about their answer in an authentic way. Having **clear communication** from the start will help you return to conversations in the future.



Do something that isn't graduate school every week. You have **many identities**, and one of them is graduate student. Ensure you are supporting your whole self through this journey. Make this form of self-care important enough to schedule into your calendar.